

Learning More About Emotional Behavioral Disabilities

What 3 things did you learn about emotional behavioral disabilities?

1. _____

2. _____

3. _____

What is EBD?

1. What areas can EBD affect an individual?

& _____

2. In order to be identified as an individual with EBD, the behavior needs to be _____, _____ (occur repeatedly), and _____ (occur daily).

3. In order to be identified as an individual with EBD, the behavior must also happen at _____ and _____.

Getting Help In School

1. Some students who are identified with EBD are in all _____ and receive extra help from _____. Others may require _____ - _____ or _____ programming for all or part of their school day.

2. What is a BIP?

What is the Prevalence of EBD?

- The prevalence rate of EBD in _____ is ____ % of the student population.

Some Common Functions of Behavior

- _____ - _____ a particular activity, such as a class, an interaction with a particular person or group, or an unpleasant situation.
- _____ - _____ for a real or an imagined insult, sometimes on behalf of a friend or family member.
- _____ - belonging or gaining acceptance to a group; _____ a student hopes to join.
- _____ - wanting to _____, be in charge, control environments; _____; refusing to participate in certain activities.
- _____ - seeking to announce _____ or individuality to express their vision of themselves.
- _____ - behaving in a manner to get tangible reinforcement (such as items, money, privileges); seeking to feel good or get immediate feedback.

Facts about EBD

Students with EBD sometimes have a tendency to...

- _____,
- fail more classes,
- _____,
- have a lower grade point average in high school,
- _____,
- be absent more often,
- _____,
- have more encounters with the juvenile justice system,
- _____.

In addition, some students with EBD may even be _____, and may have a hard time _____ after high school.

However, this does not pertain to every student with EBD, and may only occur in the most severe of cases.

How to Help Yourself

1. Find positive strategies that work for you.
2. _____.
3. _____.
4. Be certain that the adults in your life understand your situation.
5. Strengthen your strengths.
6. Know how and when to bypass your weaknesses.
7. _____.
8. Get to know yourself.
9. _____.